



**Lake
Kennedy
Center**

Your best days are now

(239) 574-0575

400 Santa Barbara Blvd.

Cape Coral, FL 33991

Fitness

Day	Code	Class Title	Instructor	Starts	Price
Monday	550130	Hula	Merline	9:00am	\$4 per class
Monday	550171	Tap	Anita	10:00a	\$4 per class
M, W or F	550122	Arthritis Foundation	TBA	10:00a	Free
M, W or F	550192	Functional Fitness	Bill	11:00a	\$6 per class
Monday	550202	Fitness Drumming	Sharon	12:00p	\$20 per 4 wk. session
Monday	550205	Fitness Drumming	Julie	5:30pm	\$20 per 4 wk. session
Monday	550125	Line Dance	Leigh	6:45pm	\$8 per class
Monday	550128	Ballroom Dance	Judy	6:45pm	\$6 per class
Tuesday	550133	Tap	Carol	8:30am	\$5 per class
Tuesday	550131	Yoga	Sheryll	9:30am	\$6 per class
Tuesday	550132	Chair Yoga	Sheryll	11:00a	\$6 per class
T & Th	550172	Tai Chi Beginner	Barbara	10:00a	Free
T & Th	550195	Tai Chi Intermediate	Barbara	11:00a	Free
Wednesday	550125	Fitness Drumming	Julie	9:000a	\$20 per 4 wk. session
Wednesday	550127	Line Dance	Dee	10:00a	\$8 per class
Thursday	550197	Fitness Drumming	Sharon	11:00a	\$20 per 4 wk. session
Friday	550203	Fitness Drumming	Sharon	12;00p	\$20 per 4 wk. session

Specialty

Day	Code	Class Title	Instructor	Starts	Price
Monday	550124	Act it Out	Carl	1:30pm	\$4 per class
Monday	550006	Creative Card Making	Donna	5:00pm	\$13 per class * Supply
Tuesday	550201	Acupuncture	Becky	2:00pm	Free
Wednesday	5017	Golf	Joe	12:00p	\$2 per class
Wednesday	5018	Zentangled	Donna	1:30pm	\$10 per class
Friday	5015	Sounds of Lake Kennedy	Sandy	1:00pm	\$2 per class